

Web Appendix F - Derivations of the Properties of the Continuous-Time Fourier Series

F.1 Numerical Computation of the CTFS

The harmonic function of a periodic signal with period T_F is

$$X[k] = \frac{1}{T_F} \int_{T_F} x(t) e^{-j2\pi k f_F t} dt.$$

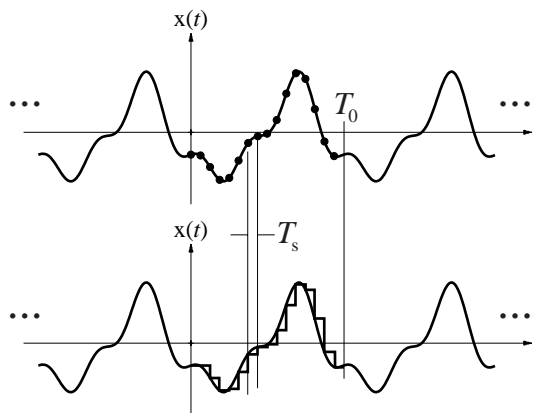
Since the starting point of the integral is arbitrary, for convenience set it to $t = 0$

$$X[k] = \frac{1}{T_F} \int_0^{T_F} x(t) e^{-j2\pi k f_F t} dt.$$

Suppose we don't know the function $x(t)$ but we have a set of N_F samples over one period starting at $t = 0$, the time between samples is $T_s = T_F / N_F$. Then we can approximate the integral by the sum of several integrals, each covering a time of length T_s

$$X[k] \cong \frac{1}{T_F} \sum_{n=0}^{N_F-1} \left[\int_{nT_s}^{(n+1)T_s} x(nT_s) e^{-j2\pi k f_F n T_s} dt \right] \quad (\text{F.1})$$

(Figure F-1).



F-1

Figure F-1 Sampling the arbitrary periodic signal to estimate its CTFS harmonic function

(In Figure F-1, the samples extend over one fundamental period but they could extend over any period and the analysis would still be correct.) If the samples are close enough together $x(t)$ does not change much between samples and the integral (F.1) becomes a good approximation. We can now complete the integration.

$$\begin{aligned} X[k] &\equiv \frac{1}{T_F} \sum_{n=0}^{N_F-1} \left[x(nT_s) \int_{nT_s}^{(n+1)T_s} e^{-j2\pi k f_F t} dt \right] = \frac{1}{T_F} \sum_{n=0}^{N_F-1} x(nT_s) \left[\frac{e^{-j2\pi k f_F t}}{-j2\pi k f_F} \right]_{nT_s}^{(n+1)T_s} \\ X[k] &\equiv \frac{1}{T_F} \sum_{n=0}^{N_F-1} x(nT_s) \left[\frac{e^{-j2\pi k f_F nT_s} - e^{-j2\pi k f_F (n+1)T_s}}{j2\pi k f_F} \right] = \frac{1 - e^{-j2\pi k f_F T_s}}{j2\pi k f_F T_F} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi k f_F nT_s} \end{aligned}$$

Using $T_s = T_F / N_F$,

$$\begin{aligned} X[k] &\equiv \frac{1 - e^{-j2\pi k / N_F}}{j2\pi k} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi n k / N_F} = e^{-j\pi k / N_F} \frac{e^{j\pi k / N_F} - e^{-j\pi k / N_F}}{j2\pi k} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi n k / N_F} \\ X[k] &\equiv e^{-j\pi k / N_F} \frac{1}{N_F} \frac{\sin(\pi k / N_F)}{\pi k / N_F} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi n k / N_F} \\ &\equiv e^{-j\pi k / N_F} \frac{\text{sinc}(k / N_F)}{N_F} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi n k / N_F} \end{aligned}$$

For harmonic numbers $|k| \ll N_F$ we can further approximate the harmonic function as

$$X[k] \equiv \frac{1}{N_F} \sum_{n=0}^{N_F-1} x(nT_s) e^{-j2\pi n k / N_F} .$$

F.2 Linearity

Let $z(t) = \alpha x(t) + \beta y(t)$. If $T_F = mT_{0x} = qT_{0y}$, where m and q are integers, then the CTFS harmonic function of $z(t)$ is

$$Z[k] = \frac{1}{T_F} \int_{T_F} z(t) e^{-j2\pi k f_F t} dt = \frac{1}{T_F} \int_{T_F} [\alpha x(t) + \beta y(t)] e^{-j2\pi k f_F t} dt$$

and

$$z(t) = \sum_{n=-\infty}^{\infty} Z[k] e^{j2\pi k f_F t} = \sum_{n=-\infty}^{\infty} (\alpha X[k] + \beta Y[k]) e^{j2\pi k f_F t}$$

and

$$Z[k] = \alpha X[k] + \beta Y[k] .$$

So the linearity property is

$$\begin{array}{c} T_F = mT_{0x} = qT_{0y} \\ \alpha x(t) + \beta y(t) \xleftrightarrow{\text{FS}} \alpha X[k] + \beta Y[k] . \end{array}$$

F.3 Time Shifting

Let $z(t) = x(t - t_0)$ and let $T_F = mT_{0x} = mT_{0z}$, where m is an integer. Then

$$Z[k] = \frac{1}{T_F} \int_{T_F} z(t) e^{-jk\omega_F t} dt = \frac{1}{T_F} \int_{T_F} x(t - t_0) e^{-jk\omega_F t} dt .$$

Making the change of variable $\tau = t - t_0 \Rightarrow d\tau = dt$,

$$\begin{aligned} Z[k] &= \frac{1}{T_F} \int_{T_F} x(\tau) e^{-jk\omega_F(\tau+t_0)} d\tau = e^{-jk\omega_F t_0} \underbrace{\frac{1}{T_F} \int_{T_F} x(\tau) e^{-jk\omega_F \tau} d\tau}_{=X[k]} \\ Z[k] &= e^{-jk\omega_F t_0} X[k] . \end{aligned}$$

So the time-shifting property is

$$\begin{array}{c} T_F = mT_0 \\ x(t - t_0) \xleftrightarrow{\text{FS}} e^{-j2\pi k f_F t_0} X[k] . \\ x(t - t_0) \xleftrightarrow{\text{FS}} e^{-jk\omega_F t_0} X[k] \end{array}$$

F.4 Frequency Shifting

Let $z(t) = e^{j2\pi k_0 f_F t} x(t)$, with k_0 being an integer and $T_F = mT_{0x} = mT_{0z}$, where m is an integer. Then

$$Z[k] = \frac{1}{T_F} \int_{T_F} z(t) e^{-j2\pi k f_F t} dt = \frac{1}{T_F} \int_{T_F} e^{j2\pi k_0 f_F t} x(t) e^{-j2\pi k f_F t} dt$$

$$Z[k] = \frac{1}{T_F} \int_{T_F} x(t) e^{-j2\pi(k-k_0)f_F t} dt = X[k - k_0].$$

So the frequency shifting property is

$$\begin{aligned} T_F &= mT_0 \\ e^{j2\pi k_0 f_F t} x(t) &\xleftrightarrow{\text{FS}} X[k - k_0] \\ e^{jk_0 \omega_F t} x(t) &\xleftrightarrow{\text{FS}} X[k - k_0] \end{aligned}$$

F.5 Time Reversal

Let $z(t) = x(-t)$ and let $T_F = mT_{0x} = mT_{0z}$, where m is an integer. If

$$x(t) = \sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F t}$$

then

$$x(-t) = \sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F (-t)} = \sum_{k=-\infty}^{\infty} X[k] e^{j2\pi(-k) f_F t}.$$

Let $q = -k$, then

$$x(-t) = \sum_{q=-\infty}^{\infty} X[-q] e^{j2\pi q f_F t}$$

and, since changing the order of summation does not change the sum,

$$x(-t) = \sum_{q=-\infty}^{\infty} X[-q] e^{j2\pi q f_F t}.$$

Therefore, since

$$z(t) = \sum_{k=-\infty}^{\infty} Z[k] e^{j2\pi k f_F t}$$

we can say that

$$\sum_{k=-\infty}^{\infty} Z[k] e^{j2\pi k f_F t} = \sum_{k=-\infty}^{\infty} X[-k] e^{j2\pi k f_F t}$$

and $Z[k] = X[-k]$. So the time reversal property is

$$x(-t) \xrightarrow{\text{FS}} X[-k]$$

F.6 Time Scaling

Let $z(t) = x(at)$, $a > 0$ and let $T_F = mT_{0x}$, m an integer. (Figure F-2).

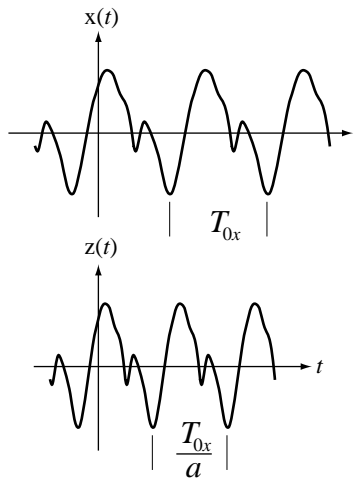


Figure F-2 A signal $x(t)$ and a time-scaled version $z(t)$ of that signal

The first thing to realize is that if $x(t)$ is periodic with fundamental period T_{0x} that $z(t)$ is periodic with fundamental period $T_{0z} = T_{0x} / a$ and fundamental frequency af_{0x} .

Case 1. $z(t)$ represented by a CTFS over a period of $z(t)$, T_F / a .

The CTFS harmonic function will be

$$Z[k] = \frac{a}{T_F} \int_{t_0}^{t_0 + T_F/a} z(t) e^{-j2\pi k a f_F t} dt = \frac{a}{T_F} \int_{t_0}^{t_0 + T_F/a} x(at) e^{-j2\pi k a f_F t} dt$$

We can make the change of variable $\tau = at \Rightarrow d\tau = a dt$ yielding

$$Z[k] = \frac{a}{T_F} \frac{1}{a} \int_{at_0}^{at_0+T_F} x(\tau) e^{-j2\pi k a f_F \tau / a} d\tau = \frac{1}{T_F} \int_{at_0}^{at_0+T_F} x(\tau) e^{-j2\pi k f_F \tau} d\tau.$$

Since the starting point t_0 is arbitrary

$$Z[k] = \frac{1}{T_F} \int_{T_F} x(\tau) e^{-j2\pi k f_F \tau} d\tau = X[k]$$

and the CTFS harmonic function describing $z(t)$ over the period T_F / a is the same as the CTFS harmonic function describing $x(t)$ over the period T_F .

$$\begin{aligned} z(t) &= x(at) \\ T_F &= mT_{0x} \rightarrow T_F / a = mT_{0x} / a \\ Z[k] &= X[k] \end{aligned}$$

Even though the CTFS harmonic functions of $x(t)$ and $z(t)$ are the same, the CTFS representations themselves are not because the fundamental frequencies are different. The representations are

$$x(t) = \sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F t} \quad \text{and} \quad z(t) = x(at) = \sum_{k=-\infty}^{\infty} Z[k] e^{j2\pi k a f_F t}.$$

Case 2. $z(t)$ represented by a CTFS over a period of $x(t)$, T_F

The CTFS harmonic function will be

$$Z[k] = \frac{1}{T_F} \int_{t_0}^{t_0+T_F} z(t) e^{-j2\pi k f_F t} dt = \frac{1}{T_F} \int_{t_0}^{t_0+T_F} x(at) e^{-j2\pi k f_F t} dt.$$

Let $\tau = at \Rightarrow d\tau = a dt$. Then

$$Z[k] = \frac{1}{aT_F} \int_{at_0}^{at_0+aT_F} x(\tau) e^{-j2\pi k f_F \tau / a} d\tau.$$

If a is not an integer, the relationship between the two harmonic functions $Z[k]$ and $X[k]$ cannot be simplified further.

Let a be a non-zero integer. The signal $x(t)$ is made up of frequency components at integer multiples of f_F . Therefore for ratios k/a that are not integers, $x(\tau)$ and $e^{-j2\pi k f_F \tau / a}$ are orthogonal on the interval $at_0 < \tau < at_0 + aT_F$ and $Z[k] = 0$. For ratios k/a that are integers, the integral over a periods is a times the integral over one period and

$$Z[k] = a \left(\frac{1}{aT_F} \int_{at_0}^{at_0 + T_F} x(\tau) e^{-j2\pi(k/a)f_F \tau} d\tau \right) = X[k/a], \quad k/a \text{ an integer.}$$

So the time scaling property, for this kind of time scaling, is

$$T_F = mT_{0x}, \quad z(t) = x(at), \quad a \text{ a non-zero integer}$$

$$Z[k] = \begin{cases} X[k/a], & k/a \text{ an integer} \\ 0, & \text{otherwise} \end{cases}.$$

F.7 Change of Period

If the CTFS harmonic function of $x(t)$ over any period T_F is $X[k]$, we can find the CTFS harmonic function $X_q[k]$ of $x(t)$ over a time qT_F where q is a positive integer. The new fundamental CTFS frequency is then f_F/q and

$$X_q[k] = \frac{1}{qT_F} \int_{qT_F} x(t) e^{-j2\pi(kf_F/q)t} dt$$

This is exactly the same as the result for time scaling by a positive integer in the previous section and the result is

$$T_F \rightarrow qT_F \Rightarrow X_q[k] = \begin{cases} X[k/q], & k/q \text{ an integer} \\ 0, & \text{otherwise} \end{cases}.$$

F.8 Time Differentiation

Let $z(t) = \frac{d}{dt}(x(t))$ and let $T_F = mT_{0x} = mT_{0z}$, where m is an integer. Then we can represent $z(t)$ by

$$z(t) = \frac{d}{dt}(x(t)) = \frac{d}{dt} \left(\sum_{n=-\infty}^{\infty} X[k] e^{jk\omega_F t} \right) = \sum_{n=-\infty}^{\infty} jk\omega_F X[k] e^{jk\omega_F t} .$$

Then, if

$$z(t) = \sum_{k=-\infty}^{\infty} Z[k] e^{jk\omega_F t}$$

it follows that

$$\sum_{k=-\infty}^{\infty} Z[k] e^{jk\omega_F t} = jk\omega_F \sum_{k=-\infty}^{\infty} X[k] e^{jk\omega_F t} ,$$

$$Z[k] = jk\omega_F X[k] .$$

So the differentiation property is

$$T_F = mT_0$$

$$\frac{d}{dt}(x(t)) \xleftrightarrow{\text{FS}} j2\pi k f_F X[k] , \quad \frac{d}{dt}(x(t)) \xleftrightarrow{\text{FS}} jk\omega_F X[k] .$$

F.9 Time Integration

Let $z(t) = \int_{-\infty}^t x(\tau) d\tau$ and let $T_F = mT_{0x}$, where m is an integer. We must consider two cases separately, $X[0] = 0$ and $X[0] \neq 0$. If $X[0] \neq 0$ then, even though $x(t)$ is periodic, $z(t)$ is not and we cannot represent it exactly for all time with a CTFS (Figure F-3).

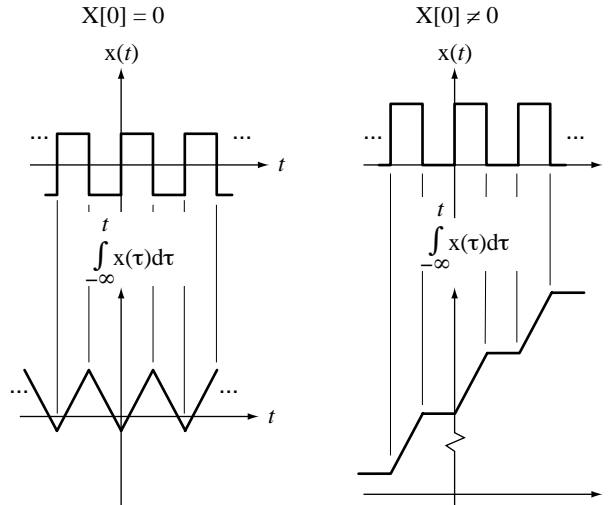


Figure F-3 Effect of a non-zero average value on the integral of a periodic function

If $X[0] = 0$ then we can represent $z(t)$ by

$$z(t) = \int_{-\infty}^t x(\tau) d\tau$$

and its CTFS harmonic function is

$$Z[k] = \frac{1}{T_F} \int_{T_F} \left[\int_{-\infty}^t x(\tau) d\tau \right] e^{-jk\omega_F t} dt.$$

For $k = 0$,

$$Z[0] = \frac{1}{T_F} \int_{T_F} \left[\int_{-\infty}^t x(\tau) d\tau \right] dt$$

which is the average value of the integral of $x(t)$ over one fundamental period. We know that the average value of $x(t)$ is zero but, without some other information, we don't know what the average value of the integral of $x(t)$ is and cannot determine the value of $Z[0]$. However we can determine all the other values of $Z[k]$.

$$z(t) = \int_{-\infty}^t x(\tau) d\tau = \int_{-\infty}^t \underbrace{\sum_{k=-\infty}^{\infty} X[k] e^{jk\omega_F \tau}}_{x(\tau)} d\tau = \sum_{k=-\infty}^{\infty} X[k] \int_{-\infty}^t e^{jk\omega_F \tau} d\tau$$

$$Z[k] = \frac{1}{T_F} \int_{T_F} \left[\sum_{q=-\infty}^{\infty} X[q] \int_{-\infty}^t e^{jq\omega_F \tau} d\tau \right] e^{-jk\omega_F t} dt \quad (\text{F.2})$$

In (F.2) k has been replaced by q to avoid confusion with k which is independent of q . To finish the integration we must evaluate the integral $\int_{-\infty}^t e^{jq\omega_F\tau} d\tau$ which is

$$\left[\frac{e^{jq\omega_F\tau}}{jq\omega_F} \right]_{-\infty}^t.$$

Evaluation at the upper limit is not a problem but the lower limit does present a problem. Since the complex sinusoid $e^{jq\omega_F\tau}$ is periodic it is impossible to define what its value is at the lower limit of negative infinity because negative infinity is a limit, not a number. The magnitude of $e^{jq\omega_F\tau}$ is one but its phase could be any value in a range of 2π radians. But, it turns out that this won't matter. Call the indeterminate value at the lower limit C . Then

$$\left[\frac{e^{jq\omega_F\tau}}{jq\omega_F} \right]_{-\infty}^t = \frac{e^{jq\omega_F t}}{jq\omega_F} - C$$

and

$$\begin{aligned} Z[k] &= \frac{1}{T_F} \int_{T_F} \sum_{q=-\infty}^{\infty} X[q] \left[\frac{e^{jq\omega_F t}}{jq\omega_F} - C \right] e^{-jk\omega_F t} dt \\ &= \sum_{q=-\infty}^{\infty} \frac{X[q]}{T_F} \int_{T_F} \left[\frac{e^{j(q-k)\omega_F t}}{jq\omega_F} - C e^{-jk\omega_F t} \right] dt \end{aligned}$$

For each $k \neq 0$ the computation involves a summation of terms involving q . But all of those terms are zero unless $q = k$ because the integration is over a integer number of periods of a complex sinusoid. So, in the end,

$$Z[k] = \frac{X[k]}{T_F} \int_{T_F} \left[\frac{1}{jk\omega_F} \right] dt = \frac{X[k]}{jk\omega_F T_F} T_F = \frac{X[k]}{jk\omega_F}, \quad k \neq 0$$

and the integration property is

$$\int_{-\infty}^t x(\tau) d\tau \xleftrightarrow{\text{FS}} \frac{X[k]}{j2\pi k f_F}, \quad T_F = mT_0, \quad \int_{-\infty}^t x(\tau) d\tau \xleftrightarrow{\text{FS}} \frac{X[k]}{jk\omega_F}, \quad k \neq 0, \quad \text{if } X[0] = 0.$$

F.10 Multiplication-Convolution Duality

Let $z(t) = x(t)y(t)$ and let $T_F = mT_{0x} = qT_{0y}$, where m and q are integers. Then

$$Z[k] = \frac{1}{T_F} \int_{T_F} z(t) e^{-j2\pi k f_F t} dt = \frac{1}{T_F} \int_{T_F} x(t) y(t) e^{-j2\pi k f_F t} dt.$$

Then, using

$$y(t) = \sum_{k=-\infty}^{\infty} Y[k] e^{j2\pi k f_F t} = \sum_{q=-\infty}^{\infty} Y[q] e^{j2\pi q f_F t}$$

we get

$$Z[k] = \frac{1}{T_F} \int_{T_F} x(t) \left(\sum_{q=-\infty}^{\infty} Y[q] e^{j2\pi q f_F t} \right) e^{-j2\pi k f_F t} dt.$$

Reversing the order of integration and summation,

$$Z[k] = \frac{1}{T_F} \sum_{q=-\infty}^{\infty} Y[q] \int_{T_F} x(t) e^{j2\pi q f_F t} e^{-j2\pi k f_F t} dt$$

or

$$Z[k] = \sum_{q=-\infty}^{\infty} Y[q] \underbrace{\frac{1}{T_F} \int_{T_F} x(t) e^{-j2\pi(k-q) f_F t} dt}_{= X[k-q]}.$$

Then

$$Z[k] = \sum_{q=-\infty}^{\infty} Y[q] X[k-q]$$

and the multiplication property is

$$\begin{aligned} T_F &= mT_{0x} = qT_{0y} \\ x(t)y(t) &\xleftrightarrow{\text{FS}} \sum_{q=-\infty}^{\infty} Y[q] X[k-q] = X[k] * Y[k] \end{aligned}$$

This result $\sum_{q=-\infty}^{\infty} Y[q] X[k-q]$ is a *convolution sum*. So the product of CT signals corresponds to the convolution sum of their CTFS harmonic functions.

Now let $Z[k] = X[k]Y[k]$ and let $T_F = mT_{0x} = qT_{0y}$, where m and q are integers. Then

$$z(t) = \sum_{k=-\infty}^{\infty} X[k]Y[k]e^{jk\omega_F t}$$

$$z(t) = \sum_{k=-\infty}^{\infty} \frac{1}{T_F} \int_{T_F} x(\tau) e^{-jk\omega_F \tau} d\tau Y[k] e^{jk\omega_F t} = \frac{1}{T_F} \int_{T_F} x(\tau) d\tau \underbrace{\sum_{k=-\infty}^{\infty} Y[k] e^{jk\omega_F (t-\tau)}}_{y(t-\tau)}$$

or

$$z(t) = \frac{1}{T_F} \int_{T_F} x(\tau) y(t-\tau) d\tau .$$

This integral looks just like a convolution integral except that it covers the range $t_0 \leq \tau < t_0 + T_F$ instead of $-\infty < \tau < \infty$. This integral operation is called *periodic convolution* and is indicated by the notation

$$x(t) \otimes y(t) = \int_{T_F} x(\tau) y(t-\tau) d\tau .$$

Therefore

$$z(t) = (1/T_F) x(t) \otimes y(t) .$$

Since $x(t)$ is periodic it can be expressed as the periodic extension of an aperiodic function $x_{ap}(t)$

$$x(t) = \sum_{q=-\infty}^{\infty} x_{ap}(t - qT_F) = x_{ap}(t) * \delta_{T_F}(t) .$$

(The function, $x_{ap}(t)$, is not unique. It can be any function which satisfies this equation.)

Then

$$x(t) \otimes y(t) = \int_{T_F} \left[\sum_{q=-\infty}^{\infty} x_{ap}(\tau - qT_F) \right] y(t-\tau) d\tau$$

$$x(t) \otimes y(t) = \sum_{q=-\infty}^{\infty} \int_{t_0}^{t_0 + T_F} x_{ap}(\tau - qT_F) y(t-\tau) d\tau .$$

Let $\lambda = \tau - qT_F$. Then $d\lambda = d\tau$ and

$$x(t) \otimes y(t) = \sum_{q=-\infty}^{\infty} \int_{t_0 + qT_F}^{t_0 + (q+1)T_F} x_{ap}(\lambda) y(t - (\lambda + qT_F)) d\lambda .$$

Since $y(t)$ is periodic, with period T_F ,

$$y(t - (\lambda + qT_F)) = y(t - qT_F - \lambda) = y(t - \lambda)$$

and the summation of integrals $\sum_{q=-\infty}^{\infty} \int_{t_0 + qT_F}^{t_0 + (q+1)T_F}$ is equivalent to the single integral over infinite limits $\int_{-\infty}^{\infty}$ we conclude that

$$x(t) \otimes y(t) = \int_{-\infty}^{\infty} x_{ap}(\lambda) y(t - \lambda) d\lambda = x_{ap}(t) * y(t) .$$

So the periodic convolution of two functions $x(t)$ and $y(t)$ each with period T_F can be expressed as an aperiodic convolution of $y(t)$ with a function $x_{ap}(t)$ which, when periodically repeated with the same period T_F equals $x(t)$. The periodic convolution of two periodic functions corresponds to the product of their CTFS harmonic function representations and the period T_F and the convolution property is

$$\begin{aligned} T_F &= mT_{0x} = qT_{0y} \\ x(t) \otimes y(t) &\xleftrightarrow{FS} T_F X[k] Y[k] \end{aligned} .$$

F.11 Conjugation

Let $z(t) = x^*(t)$ and let $T_F = mT_{0x} = mT_{0z}$, where m is an integer. Then

$$\begin{aligned} \sum_{k=-\infty}^{\infty} Z[k] e^{j2\pi k f_F t} &= \left(\sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F t} \right)^* \\ &= \sum_{k=-\infty}^{\infty} X^*[k] e^{-j2\pi k f_F t} = \sum_{k=\infty}^{-\infty} X^*[-k] e^{j2\pi k f_F t} \end{aligned}$$

and, since changing the order of summation does not change the sum,

$$\sum_{k=-\infty}^{\infty} Z[k] e^{j2\pi k f_F t} = \sum_{k=-\infty}^{\infty} X^*[-k] e^{j2\pi k f_F t} ,$$

$Z[k] = X^*[-k]$ and the conjugation property is

$$\begin{aligned} T_F &= mT_0 \\ x^*(t) &\xleftrightarrow{FS} X^*[-k] \end{aligned} .$$

F.12 Parseval's Theorem

The signal energy in any period $T_F = mT_{0x}$, where m is an integer, of any periodic signal $x(t)$ is

$$\begin{aligned}
 E_{x,T_F} &= \int_{T_F} |x(t)|^2 dt = \int_{T_F} \left| \sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F t} \right|^2 dt \\
 E_{x,T_F} &= \int_{T_F} \left(\sum_{k=-\infty}^{\infty} X[k] e^{j2\pi k f_F t} \right) \left(\sum_{q=-\infty}^{\infty} X[q] e^{j2\pi q f_F t} \right)^* dt \\
 E_{x,T_F} &= \int_{T_F} \left(\sum_{k=-\infty}^{\infty} \sum_{q=-\infty}^{\infty} X[k] e^{j2\pi k f_F t} X^*[q] e^{-j2\pi q f_F t} \right) dt \\
 E_{x,T_F} &= \int_{T_F} \left(\sum_{k=-\infty}^{\infty} \sum_{q=-\infty}^{\infty} X[k] X^*[q] e^{j2\pi(k-q)f_F t} \right) dt \\
 E_{x,T_F} &= \int_{T_F} \left(\sum_{k=-\infty}^{\infty} X[k] X^*[k] + \sum_{\substack{k=-\infty \\ k \neq q}}^{\infty} \sum_{q=-\infty}^{\infty} X[k] X^*[q] e^{j2\pi(k-q)f_F t} \right) dt \\
 E_{x,T_F} &= \int_{T_F} \sum_{k=-\infty}^{\infty} |X[k]|^2 dt + \underbrace{\int_{T_F} \sum_{\substack{k=-\infty \\ k \neq q}}^{\infty} \sum_{q=-\infty}^{\infty} X[k] X^*[q] e^{j2\pi(k-q)f_F t} dt}_{=0, k \neq q} \\
 E_{x,T_F} &= T_F \sum_{k=-\infty}^{\infty} |X[k]|^2
 \end{aligned}$$

Therefore, for any periodic signal $x(t)$

$$\begin{aligned}
 T_F &= mT_0 \\
 \frac{1}{T_F} \int_{T_F} |x(t)|^2 dt &= \sum_{k=-\infty}^{\infty} |X[k]|^2 \cdot
 \end{aligned}$$